

# NEWSLETTER

Issue No. 5, 2019

Thursday 4<sup>th</sup> April, 2019

*Ko te kai a te rangatira he korero.*  
The food of chiefs is dialogue.

Kia ora e te whanau

The end of Term 1 is almost upon us. With camps, EOTC weeks, swimming lessons, sports tournaments, moving classrooms and the events of 15<sup>th</sup> March; it has been a big and busy term for many. A rest over Easter will be welcome for everyone in our community I imagine.

Many of the activities that our students have taken part in this term have required parent help – my grateful thanks to all those who have given up their time this term, to help out at school.

Next term will bring us to Board of Trustee election time. We have been fortunate to be governed by an outstanding board in this current term, they have served their school community extremely well. Only 1 or 2 of the Board members intend to re-stand for election. So, please give much consideration to putting your hand up for nomination. See the information further on in the newsletter.

Wonderful news that the PTA has been successful in applying for a community grant from CERT for the artificial turf project, to the tune of \$30,000!! Many thanks to Vaughan and Belinda M for completing the application on behalf of the PTA. Wow, this now allows us to get underway with the entire project!

Good luck to Hayden, Libby, Caitlin, Bella, Charlie, Mia, Ben, Alyssa, Duncan, Silvia and Beau who are representing the Lincoln Zone (and us) at the Canterbury Swimming Sports today.

Best wishes for a restful and relaxing school holiday time, from the end of next week.

***“Coming together is the beginning, keeping together is progress, working together is success.”***

Hei konā mai

Kim Alexander  
Principal, Tumuaki  
[kima@prebbleton.school.nz](mailto:kima@prebbleton.school.nz)



## Coming Events:

Thursday 4 April	Canterbury Swimming champs
Friday 5 April	Gumboot Day, Huxster Mountain Bike event
Wednesday 10 April	Y8 GRIP Leadership Course
Thursday 11 April	Whanau Group Day, Hot Cross Bun orders pick-up
Friday 12 April	Global Earth Day activities, Final day of Term 1
Monday 29 April	Term 2 begins
Friday 3 May	Year 4 teams to Rugby Fun Day
Friday 10 May	Assembly 9.05am, PTA Mother's Day Stall
Monday 13 May	<b>Well-being &amp; Resilience Speaker Evening 7.00pm</b>
Thursday 16 May	Y5-8 School Cross Country (pp day 20 <sup>th</sup> May)
Friday 17 May	PTA Sausage Sizzle Lunch

## Principal Awards



Congratulations to these outstanding students who were presented with a Principal's Award at our recent whole school assembly on the 22<sup>nd</sup> March, tino pai tamariki!

**Thomas Studholme** - Showing resilience in everything you do. You strive to complete every task to the highest standard and are always the first person to put your hand up to help others.

**Ryan Prebble** - Showing resilience during reading time by taking on a challenge, working hard and staying focused.

**Isabella Owens** - Showing curiosity and resilience daily, always wanting to know more and striving to be the best that you can be.

**Mia Henderson** - Being selfless and offering her place at the zone duathlon to another student.

**Lauren Ling** - Showing leadership while on camp.

**Alyssa Clarke** - Showing leadership while on camp.

**Sam O'Hagan** - Stepping up and taking on the responsibilities of being in the senior school.

**Aston Jones** - Excellent work and attitude in maths learning.

**Tom Turner** - Being a proactive student leader and a positive role model.

## Board of Trustee News

The March board meeting was held last week. Reports from the principal, finance, property, and health & safety groups were presented. Annual plans for the school's 2019 focus areas were read and discussed. Policy reviews and any recommendations from Term 4 2018 were considered and approved. As a result of the policy reviews the Board has made significant changes to the Religious Instruction policy, please read below.

## Christian Religious Education

The Christian Religious Education programme that we have had running in our school for a number of years will now be offered from 8.30 to 9.00am every second Friday morning, for students in Years 1-4. Parental consent will be required for children to participate. It will be provided by the same tutors, who use the programme offered by the Churches Education Commission. A form will be sent home with your child, for you to complete and return to the school office should you want your children to take part. The board has decided that the programme will only go ahead if a minimum of 25% of our Year 1-4 students enrol for it.

A big thank you to Richard Innes and Bayleys Real Estate for sponsoring our Vistab this year.



Jeremy Gould  
027 436 1581

### Residential and lifestyle sales

**BAYLEYS**

WHILAH AND PARTNERS LTD, BAYLEYS, LICENSED UNDER THE REA ACT 2008

Richard Innes  
027 522 9598



**CREATE THINK GROW**

## SCHOOL TRUSTEE ELECTIONS

**Interested in joining our Board of Trustees?  
We have 5 parent rep vacancies.**

### **Here are the key dates:**

- By Friday 10th May: Nomination forms will be posted to all persons on the school's caregiver roll.  
Friday 24th May: NOMINATIONS CLOSE – 24th May at noon. *An election will then be held if the number of nominations exceeds 5.*  
Wednesday 29th May: Election voting papers will be sent by post to all on the school caregiver roll.  
Friday 7th June: Voting closes at 12 noon.  
Thursday 13th June: Votes are counted, and our school advised of the results.  
Friday 14th June: New Board takes office

For more information about what it means to be on a school board – go to <https://www.trustee-election.co.nz/>

If you would like to come along and observe our May board meeting, or make contact with a board member to discuss the role; email [kima@prebbleton.school.nz](mailto:kima@prebbleton.school.nz) for further help.

Our board members welcome your inquiries – chat to one of us!

**Pete Lockhart, Grant McIntyre, Delys Brough, Siobhan Cross, Adam Gard'ner, Alli Williams, Kim Alexander.**



### **Kōrari**

**"Kōrari really helped me understand what it's like to be a school trustee"**

An informal session for those interested in school board elections.

Location: Hornby High School, CHCH, Thursday 11 April, 6:00pm

Attendance is FREE. All welcome. RSVP to: [ishelley@nzsta.org.nz](mailto:ishelley@nzsta.org.nz)

**Kōrari** - a programme that provides you with governance training to help you understand the role of school boards of trustees.

For more information contact us on 0800 782 435.



**CREATE THINK GROW**

## PTA News

**Target exceeded** - Have you seen our fundraising thermometer? It is OVERFLOWING thanks to our wonderful PTA and the support of parents, students and the community. Receiving a \$30,000 grant from Cert has contributed to this also. Plans are in place to get started on the sports turf, exciting times ahead!

**Uniform shop** - Thank you for supporting the uniform shop. Donations have been steadily coming in and the uniform sale on Tuesday was a success. Our next uniform shop is on Tuesday 23 July, mark it on your calendar.

**Do you like honey?** Keep an eye out for our next *sweet* fundraiser.

**Mother's Day Stall** - Please have a look at home for suitable items to donate towards our upcoming Mother's Day Stall. This is a very popular annual event where the children bring along a small amount of money and buy something special for mum from our 'shop'. Donation ideas are candles, chocolates, earrings, necklaces, soaps etc. Please drop your items to the school office between now and week 1 next term. The children will get more information about this next term.



PREBBLETON SCHOOL PTA  
**MOTHER'S/SPECIAL  
PERSON DAY STALL**  
FRIDAY 10<sup>TH</sup> MAY

DEAR FAMILIES,

THIS WILL BE THE THIRD YEAR WE HAVE HELD OUR MOTHER'S/SPECIAL PERSON DAY STALL AT SCHOOL. ITS PROVED TO BE VERY POPULAR WITH THE CHILDREN WHO LOVE BRINGING THEIR POCKET MONEY.

WE ARE ASKING FOR DONATIONS FROM FAMILIES TO MAKE THIS SUCCESSFUL. WE'RE SURE YOU ALL MUST HAVE SOME UNWANTED GIFTS FROM CHRISTMAS IN YOUR CUPBOARDS, YOU CAN EVEN ASK FRIENDS AND FAMILY TO DONATE! ITEMS LIKE CANDLES, HAND CREAM, SOAPS, NAIL POLISH, JEWELRY, PHOTO FRAMES AND CHOCOLATES ARE JUST A FEW IDEAS. DONATIONS CAN BE PLACED IN THE BOX LOCATED IN THE SCHOOL OFFICE.

THANK YOU ON BEHALF OF THE PREBBLETON SCHOOL PTA

**Hot cross bun orders** - Please drop these to the school office by tomorrow, Friday 5 April.

**Save the date** - Barn dance, 6th September. More information to come.

## Measles

Please make sure that your children's immunisations are up-to-date.

Since 26 February 2019, the number of cases in the latest Canterbury measles outbreak has been steadily climbing, and is currently up to 30. Cases have now spread throughout Christchurch. Measles is a serious and highly contagious, viral disease where up to 30 percent of those who catch it will develop complications. Measles is spread through droplets in the air and through contact, so that anyone unprotected who has been in the same room as someone with measles will likely get it.

The surest protection is for people to have both of their MMR (measles, mumps and rubella) vaccinations, scheduled to be given to children at 15 months and at four years. As long as children of school age are up-to-date with their vaccinations they should be protected against measles. People vaccinated between 1969 and 1990 should contact their GP team who will provide a booster vaccination. People born before 1969 will have been exposed to measles and will be immune.

Family members who aren't sure if they have been immunised with two doses of MMR vaccine should talk to their GP team who will be able to provide a vaccination if they need it. An extra vaccination will not cause any harm.

Measles symptoms include:

- A respiratory type of illness with dry cough, runny nose, headache
- Temperature over 38.5 C and feeling very unwell
- A red blotchy rash starts on day 4-5 of the illness usually on the face and moves to the chest and arms.

More information about measles is available at <http://www.immune.org.nz>

## Gumboot Friday Fundraiser

I AM HOPE **Gumboot Friday** is raising money for free counselling for any student who needs help. Show your support by wearing your gumboots (or coloured socks) to school on **Friday 5th April** and bring a donation.



## Global Earth Day

As part of Prebbleton School's celebration of Global Earth Day, we will be having a mufti day on the last day of school in Term One. We are asking for either gold coin donation, to go to the Royal Forest and Bird Protection Society of NZ and/or a donation of seeds or plants for our garden. The mufti day ideas have come from the student enviro leaders and will be shown in assembly Week 8. Mufti options are:

- Earth tones - e.g., green t-shirt, brown jacket, camo pants
- Something from nature e.g., floral or leaf print dress, top, pants
- An endangered species e.g., a mountain zebra onesie

On this same day we will all be visiting different reserves around Prebbleton to tidy up rubbish and appreciate our area, so make sure everyone is in comfortable shoes!

## 'Save the Date' Monday 13th May



### Wellbeing and Resilience Speaker

Anna Mowat is a trainer and content developer for the New Zealand Institute of Wellbeing and Resilience. Her primary role for the past 14 years has been in supporting parents to be the best versions of themselves, in the moment and in the circumstances. She has a background in psychology and works across a number of projects, including:

- As part of the All Right? wellbeing campaign as the Child, School and Family Advisor
- Facilitating Incredible Years Parenting programmes for the Ministry of Education.
- Working as part of a CureKids, University of Auckland and CDHB initiative to design an app to support parents and their children's BIG emotions, particularly anxiety.

Anna's priority and passion is that parents never feel 'alone' in their parenting. She recognises that as Mums and Dads and wider whānau caring for children we all go through similar experiences, we just aren't talking about it enough. Anna is always prepared to share her own challenges and ridiculous moments with humour and humility in her most important role, as a Mum of three girls aged 14, 10 and 4.



In this presentation, Anna is going to specifically address how we can best support our children's wellbeing and resilience - now, and for the rest of their lives. This seems particularly important in Christchurch right now. She will also share her best tips on how we can care for our own wellbeing, as parents and caregivers in this unusual time, and in ordinary times.

### Canterbury Duathlon

Last Monday, we had 20 people go to the Canterbury Primary Schools duathlon at Ruapuna Raceway. There were over 1000 children competing! Year 5 and 6 had to run 3km and bike 6km, Year 7 and 8 had to run 3km and bike 9km.

This was a great day out for our athletes, as we had several students get in the top 30 for their year level. Congratulations to Beau Broomhall who finished 6th in his age group.



### Community Notices

**CASPA** After School & Holiday Programme

CASPA April Holiday programmes are filling fast.  
Please book online via [caspa.aimyplus.com](http://caspa.aimyplus.com)

We provide a safe, creative environment for 5-13 year olds Our leaders are trained	A range of fun activities Kids just LOVE it!	8am-3pm short session 8am-6pm long session		Creative After School Programmed Activities
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**CALL US NOW!**  
p: 03 349 9260 or 027 352 1638 e: [info@caspa.org.nz](mailto:info@caspa.org.nz) w: [www.caspa.org.nz](http://www.caspa.org.nz)

**Subsidies Apply**

# ELLESMERE WINTER TENNIS COACHING 2019

ALL AGES, ALL ABILITIES  
TERM 2 2019  
REGISTER ONLINE

<https://www.sporty.co.nz/ellesmeretennisjuniors/Winter-Coaching/Online-Registration-Form>

## LEARN / IMPROVE / HAVE FUN

Ellesmere Tennis is pleased to offer tennis players in our area the unique opportunity to participate in our winter coaching programme. This years coach will be All-American College Tennis Player and qualified coach Beth Williamson. She will be supported by her sister Kate (last years coach) on her return from travels in Term 3.

Sessions will focus on developing appropriate stroke mechanics (forehand, backhand, serve, and volley) and improving the technical skills necessary for maximum tennis growth. Coaching will work on establishing a great base in your tennis technically, tactically, and physically in order to fully develop your game to play and compete with confidence. A focus will also be placed on tennis sportsmanship and etiquette throughout the programme.

Coaching is being offered from beginner level through to interclub level for CHILDREN or ADULTS. Why not try tennis together as a family? We are offering beginner coaching to parents/caregivers and children together in the same group. Groups will be formed once registrations are received to allow for students of similar levels to train together. This promoting the most appropriate and developmental learning environment.

*\*If listed coaching daytimes on registration form do not suit then please indicate your preferred daytime and this will try and be accommodated. If you would prefer to have 1:1 coaching or 2:1 coaching please indicate on registration or get in touch for more information.*

<https://www.sporty.co.nz/ellesmeretennisjuniors/Winter-Coaching/Information>

### WHEN

- Term 2 starting Monday, 29<sup>th</sup> April

### WHERE

- Springston Tennis Courts

### SESSION INFO

- Class duration: 60 Minutes.
- Small group sizes of 3-6 players each session.

### COST

- \$140 per term (8 weeks).

#### For more information contact

Coaches: Beth Williamson - 0276484048  
Email: [beth.williamson58@gmail.com](mailto:beth.williamson58@gmail.com)

Kate Williamson - 0204117896  
[kate.m.williamson@gmail.com](mailto:kate.m.williamson@gmail.com)

## Easter arts and crafts school holiday fun

Looking for something to do in the holidays? Come and make some Easter crafts, ice Easter cookies, enjoy an Easter story and finish with an Easter egg hunt. Morning tea provided. All children need to be accompanied by a care giver. This is hosted by Lincoln Union Church.

Where: **The Old Manse 126 Eastbelt**

When: **Wednesday 17<sup>th</sup> April**

Time: **10 am – 12 midday**

Cost: **Gold coin donation**

To Register or enquire: email [welcome@linolnchurch.org.nz](mailto:welcome@linolnchurch.org.nz) or phone 325 2257 by Monday 15<sup>th</sup> of April.



## TRY IT. PLAY IT. LOVE IT.

**Beginners**, suitable for new players age 8–12, J4/ J3 graded players.

**Improvers**, suitable for new players age 13+, and graded players J2 and above

**Cost:** \$20 per session

### Dates & Venues

#### Monday 15th April

9am–12pm Beginners, Hoon Hay SC, Sockburn  
12.30pm–3.30pm Improvers, Hoon Hay SC, Sockburn

#### Tuesday 16th April

9am–12pm Beginners, Hoon Hay SC, Sockburn  
12.30pm–3.30pm Improvers, Hoon Hay SC, Sockburn

#### Thursday 18th April

9am–12pm Beginners, Malvern SC, Darfield  
12.30pm–3.30pm Improvers, Malvern SC, Darfield

#### Tuesday 23rd April

9am–12pm Beginners, Burnside SC, Avonhead  
9am–12pm Beginners, Christchurch SC, City Centre  
12.30pm–3.30pm Improvers, Burnside SC, Avonhead  
12.30pm–3.30pm Improvers, Christchurch SC, City Centre

#### Wednesday 24th April

9am–12pm Beginners, Burnside SC, Avonhead  
9am–12pm Beginners, Christchurch SC, City Centre  
12.30pm–3.30pm Improvers, Burnside SC, Avonhead  
12.30pm–3.30pm Improvers, Christchurch SC, City Centre  
12.30pm–3.30pm Beginners (13+), Linwood SC, Linwood



## Easter School Holidays Squash Program

### Beginners & Improvers Squash Sessions



Bookings are essential as spaces are limited !!



For further information and to book: Contact Di McCoy

021 245 0966

[juniordev@squashcanterbury.co.nz](mailto:juniordev@squashcanterbury.co.nz)

[www.squashcanterbury.co.nz](http://www.squashcanterbury.co.nz)

When booking, please confirm if you require equipment and please wear non-marking court shoes.

## Thought about playing hockey?

Why not start NOW!!



Hornby Hockey is your local hockey club with family values and we're about to start the 2019 season. We have positions that we need to fill in most of our teams from Year 1-8. If you have a child that is interested in playing for us please email us for further information at [hornbyhockeyjuniors@gmail.com](mailto:hornbyhockeyjuniors@gmail.com)

**COME & PLAY FOR HORNBY HOCKEY**

CREATE THINK GROW



**What's in the latest issue of Tots to Teens Magazine**

In this issue, we give parents the quick facts about the current **measles** outbreak. We also share a no-nonsense guide to **screen time** for kids: How much is okay? Diana Noonan pleads with parents to please keep **reading to your kids**, even as they get older, as the benefits are beyond convincing. And while we're on that note, **singing with your children** connects the mind with the heart and the heart with the soul - so sing (we dare you)! If you love chocolate, then we have some super-healthy **cacao recipes** for lunchboxes and after-school snacks, and all the deets on why this wonder food is so good for us. We also cover off **elimination diets**, facing the **braces** journey, and take you on a truly New Zealand family adventure: Walking the **Tongariro Alpine Crossing**. We have plenty of prizes to **win**, holiday ideas to help **entertain the children**, and a **kids' fun** page to enjoy.



**Prebbleton Netball Club** have organised for netball skills sessions to be held at the Prebbleton School Hall, on Wednesday's 3rd break during Term 2 (or once Rakau students have vacated the hall). This is for any child in Years 1-4 interested in learning basic netball skills or keep skills up for children already playing. This will be taken by one of the club's coaches Julia, along with our aspiring junior coaches (Year 6-8 girls from school). No need to register just ask your child to come to the hall at 1.30pm.

If you have any questions please feel free to email Julia at: [julia\\_mcilraith@hotmail.com](mailto:julia_mcilraith@hotmail.com)

**BB's Holiday Programme**

Full day 7:00am - 1:00pm \$90  
 Morning 7:00am - 12:30pm \$30  
 Afternoon 12:30pm - 6:00pm \$30  
 Excursions & Incentive days have extra costs (see below)

<b>Sustainability Surprise</b> Mon 15 Apr <b>Scrum, dilly, dilly!</b> Full Todd Food Day! Make some tasty snacks, and play some games! This one you won't forget!	<b>Movie Day</b> Tue 16 Apr <b>LEGO</b> Fun Lego activities all the way before a trip to the Movie Theatre! Excursion \$10.00	<b>House Of Bricols</b> Wed 17 Apr Assemble Lego games before we travel to NW Community Centre for some Lego building entertainment with House of Bricols. Excursion \$10.00	<b>Easter Eggs in a Minute</b> Thu 18 Apr Last children's Easter with some fun Easter activities and an Easter Egg Hunt!	<b>Easter Friday</b> Fri 19 Apr <b>GOOD FRIDAY</b> All a Cloud
<b>Easter Monday</b> Mon 22 Apr <b>Easter Monday</b> All a Cloud	<b>Make Craft Day</b> Tue 23 Apr Create your very own Fridge Magnet to take home as their own popular Make Craft Day! Excursion \$12.00	<b>ANZAC Pops</b> Wed 24 Apr Help us commemorate our ANZAC Day with some special activities!	<b>ANZAC Day</b> Thu 25 Apr All a Cloud	<b>PJ Fun Day</b> Fri 26 Apr Is there a better way to enjoy the end of the holiday than with a day in your PJ's? Fun games, then a DVD, Hot Choc & Gummies.

For more information, call Office 347 3031 or email [admin@busybumbles.co.nz](mailto:admin@busybumbles.co.nz)  
 Book now at [busybumbles.aimyplus.com](http://busybumbles.aimyplus.com)

**BB's Sports HP**

Full day 7:00am - 1:00pm \$90  
 Morning 7:00am - 12:30pm \$30  
 Afternoon 12:30pm - 6:00pm \$30  
 For more information please call 347 3031. Email: [admin@busybumbles.co.nz](mailto:admin@busybumbles.co.nz) www.busybumbles.co.nz

<b>Monday March</b> Mon 15 Apr <b>Quick Fire Sports Games</b> - 10x Whiffing & 42 Jassie. Today's Quick Fire Sports Games and new specialised sports sessions!	<b>Turbo Tuesday</b> Tue 16 Apr <b>Quick Fire Sports Games</b> - Heeler Dodge ball & Tennis Ball Soccer. Today's Quick Fire Sports Games. Two specialised sports sessions.	<b>Wining Wednesday</b> Wed 17 Apr <b>Quick Fire Sports Games</b> - Heeler Volleyball & Beach ball. Today's quick Turbo Soccer. Two specialised sports sessions.	<b>Thursday Touchdown!</b> Thu 18 Apr <b>Quick Fire Sports Games</b> - Heeler Dodge ball & Soccer. Today's Quick Fire Sports Games. Two specialised sports sessions.	<b>Easter Friday</b> Fri 19 Apr <b>GOOD FRIDAY</b> All a Cloud
<b>Easter Monday</b> Mon 22 Apr <b>Easter Monday</b> All a Cloud	<b>Time &amp; Tossing</b> Tue 23 Apr <b>Quick Fire Sports Games</b> - Cheer Ball & Extreme Bucket Ball. Today's Quick Fire Sports Games. Two specialised sports sessions.	<b>Wednesday Winners</b> Wed 24 Apr <b>Quick Fire Sports Games</b> - Heeler Dodge ball & Beach ball. Today's Quick Fire Sports Games. Two specialised sports sessions.	<b>ANZAC Day</b> Thu 25 Apr All a Cloud	<b>Friday Fun</b> Fri 26 Apr <b>Quick Fire Sports Games</b> - Heeler Dodge ball & Soccer. Today's Quick Fire Sports Games. Two specialised sports sessions.